

**THE HISTORICAL AND PHILOSOPHICAL CONTEXT OF
RATIONAL PSYCHOTHERAPY: THE LEGACY OF
EPICTETUS**

Sue Slayter

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Suggestion, persuasion and work: Psychotherapies in communist Europe

Instead, the focus will be on the historical relationship between them. historical and philosophical context of rational psychotherapy: The legacy of Epictetus.

28 Books On Stoicism: The (Hopefully) Ultimate Reading List

The Historical and Philosophical Context of Rational Psychotherapy. The Legacy of Epictetus. ByWindy Dryden, Arthur Still. Edition 1st Edition.

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A. Still & W. Dryden, 'The Place of Rationality in Stoicism and REBT', Journal Historical and Philosophical Context of Rational Psychotherapy: The Legacy J. Xenakis, Epictetus: Philosopher-Therapist (The Hague: Martinus Nijhoff,);.

Popular Hellenistic Philosophy Books

Dryden, W., Still, A. () The Historical and Philosophical Context of Rational Psychotherapy: The Legacy of Epictetus. London: Karnac.

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rational emotive behavior therapy and Aaron Beck's cognitive therapy by or about the Roman Stoics (Seneca, Epictetus, Marcus Aurelius), that is, toward the end of the year period . Still A, Dryden W. The Historical and Philosophical Context of Rational Psychotherapy: the Legacy of Epictetus.

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However, the authors including McMahon also stress the importance of not underrating the risk of a radical constructivism, which would lead to a nihilism totally lacking any confidence in rationality. The Enchiridion, or Handbook : With a Selection from the Discourses of Epictetus by Epictetus 8 editions published between and in English and held by 1, WorldCat member libraries worldwide The Enchiridion, or Handbook of Epictetus, is a short manual of ethical advice compiled by Arrian, who had been a pupil of Epictetus at the beginning of the 2nd century.

You'll begin by learning to keep a record of your thoughts, actions, and feelings. The Self in Transformation. The treatment outlined by Chrysippus was mostly preventative, demonstrating by theory that the passions are neither natural or necessary, and showing through practice that the mind can be trained to reject. Psychology Dryden, Windy; Still, Arthur. Chrysippus became a preeminent authority for the Stoics school, eclipsing his childhood is from Rome where he managed to study about philosophy and then moved to Nicopolis which is on Greece and he started his own school. Smisl slova I ego zvukovoi obraza kak uslovnje razdrzhiteli, Soobshenie 2Byulleten

eksperimentalnoi biologii i meditsini .